

Audio Production & Journalism

Since 2012, NPR member station KALW has taught people in prison how to record and edit audio stories.



Uncuffed producers Joe Kirk, Brian Thames, Spoon Jackson, Bryan Mazza, and Damon Cooke at Solano State Prison

"It's given me **self worth**. There's a lot of marketable skills I'm learning in prison."

– Bryan Mazza, participant at Solano State Prison

"Men directly related to this program seem to be **sharing and showing more of their emotions**... I'm able to have better interactions with other people, and I'm better able to relate to myself."

– Brian Thames, participant at Solano State Prison



The stories are broadcast on KALW 91.7 fm, and as part of the podcast *Uncuffed*.



"Uncuffed is like a **golden conduit**. It allows us to release emotions that have been pent up for years."

– Nathan McKinney, participant at San Quentin State Prison

"I can't tell you the number of times I've... had staff walk up to me and say, 'Hey, we heard you on the radio. **We really enjoyed that piece.** We really like what you guys are doing."" – Steve Drown, participant at

Solano State Prison

"To call home and talk to my family and tell them, 'Listen to this story,' and then to hear them say, "We heard your voice, **we're so proud of you**," that's always been the greatest reward for me."

– Greg Eskridge, participant at San Quentin State Prison



Uncuffed producers Tommy Shakur Ross and Thanh Tran at San Quentin State Prison